

Oate Bars

1 lb. Dates Cut up ^{or ground} or 1 c Jam
 $\frac{1}{4}$ C Sugar or $\frac{1}{4}$ C Honey
 $1\frac{1}{2}$ C Water

Boil 10 min or
till thick, Cool

$\frac{1}{2}$ C Oils or Butter - $\frac{1}{4}$ C Crisco - 1 C Brown Sugar

$1\frac{1}{3}$ C flour - 1 t Salt - $\frac{1}{2}$ t Soda - $1\frac{1}{2}$ C quick Oats

Mix Divid in Half. put Half in Pan add Dates Mix
13 X 9 X 2 Pan

Put other Half. over top Bake 400° - 25 to 30 min.
or till light Brown (Vic Bakes it 17 min)

Cut ~~in~~ 2 X $1\frac{1}{2}$ Bars Use Flour - Oats as base TOP
FOR CAKE